

# Sandwiches

Below with a choice of white or brown bread

**Sausage OR Bacon** £3.20

**2 Eggs** £3.20

Below served with a salad garnish and crisps, with a choice of white or brown bread

**Ham** £4.50

**Cheese** £4.50

**Tuna Mayonnaise** £4.50

**Brie and Tomato** £4.50

# Paninis

All served with a salad garnish and homemade coleslaw

ALSO AVAILABLE AS TOASTED SANDWICHES

All £5.70

**Brie and Bacon**

**Cheese and Tomato**

**Cheese and Ham**

**Cheese and Onion**

**Cheese and Tuna**

**Ham and Tomato**

**Sausage Melt (2 sausages, cheese, and caramelised onion)**

# Something for the Children

All served with chips and beans or peas. Includes a Blackcurrant or Orange Fruit Shoot or a glass of Apple juice.

All £3.80

**Fish Fingers**

1 large fish finger

**Cheese Burger**

A beef burger in a floured bun with cheddar cheese.

**Chicken Nuggets**

4 chicken nuggets

**Sausage**

1 sausage

**Beef Burger**

A beef burger in a floured bun

**Small Hot Dog**

1 small sausage served in a hot dog bun



# Main Meals

**Hand Battered Cod** £8.30

Skinless and boneless cod served with fresh chips, homemade tartare sauce and a choice of garden or mushy peas.

**Wholetail Scampi** £7.50

8 pieces of Wholetail Scampi served with fresh chips, homemade tartare sauce and a choice of mushy or garden peas.

**Fish Cakes** £7.90

A choice of 2 Salmon and Dill or Cod and Thai Prawn or Haddock and Mozzarella Fish Cakes, served with fresh chips, homemade tartare sauce and a choice of mushy or garden peas.

**6oz Burger: BEEF, CHILLI OR MINTED LAMB.**

A 6oz Lamb or (2 x 3oz) Beef or Chilli local butchers £6.70

Burgers served in a floured bap with fresh chips and coleslaw.

With Cheese £7.20

With Cheese and Bacon £7.50

**Chicken Breast Burger** £6.50

A battered chicken breast fillet served in a large floured bap with fresh chips and homemade coleslaw.

**Veggie Burger** £6.50

A veggie burger served in a large floured bap with fresh chips and homemade coleslaw.



**Sausage Egg and Chips** £5.50

1 Jumbo sausage served with 1 free range egg and fresh chips.

**Hotdog** £3.30

With or without onions.

**Ham Egg and Chips** £7.00

Slices of hand-carved ham served with 1 free range egg and fresh chips.

**Chicken Nuggets and Chips** £6.50

8 Chicken breast nuggets served with fresh chips and homemade coleslaw.

**Portion of Chips** £2.00

**Portion of Cheesy Chips** £2.70

## Jacket Potatoes

All served with a salad garnish and homemade coleslaw

**Cheese**

**Beans**

**Tuna Mayo**

**Sweetcorn**

**Ham**

**Bacon**

**Homemade Chilli -**

medium to hot

**Or**

**Homemade Chicken Curry**

Any 1 filling £6.00

£6.70

Any 2 fillings £6.50

With cheese £7.00



## Breakfast

A choice of white or brown toast, fresh or tinned tomatoes.

*At busy times only served until 12.00 midday.*

**Regular Breakfast** £6.50

2 bacon, 1 premium sausage, 1 free range egg, beans, tomatoes, sauté potatoes, 1 toast.

**Large Breakfast** £7.90

2 bacon, 1 premium sausage, 2 free range eggs, beans, tomatoes, sauté potatoes, fried bread, 2 toast.

**Vegetarian Breakfast** £6.50

1 vegetarian sausage, mushrooms, 2 free range eggs, beans, tomatoes, sauté potatoes, 1 toast.

**Breakfast Bap ( including a Tea or fresh ground Coffee)** £4.00

Bacon, sausage and egg all in a large floured bap.

*Set breakfasts above may not be swapped, please feel free to create your own breakfast at following per item prices.*

Tomatoes, Beans, Toast or Bread and Butter 70p

Mushrooms, 2 x Hash Browns, £1.00

Egg, Sauté Potatoes £1.00

Sausage (1) , Bacon (2) £1.20

## Things On Toast

A choice of white or brown bread.

**Cheese On Toast x 2** £3.50

**Eggs On Toast x 2** £3.50

**Beans x 2 or Mushrooms x 2 on Toast** £3.50



# Cold Drinks

<b>Coca Cola, Diet Coke, Tango, Sprite and Dr Pepper</b>	£1.50
<b>Oasis - Summer Fruits or Citrus Punch</b>	£1.80
<b>Orange Juice/Apple Juice</b>	£2.00
<b>Selection of Belvoir Fruit Farm beverages;</b> - Lime and Lemongrass Presse - Raspberry Lemonade - English Apple Presse	£2.30
<b>Fruit Shoot - Blackcurrant or Orange.</b>	£1.00
<b>Bottled Water - still £1 or sparkling £1.50</b>	
<b>Orange, Blackcurrant or Lemon squash or glass of Milk</b>	£1.00



# Smoothies

100% fruit, blended with apple juice.

All £3.00



## Grape Escape

Grape, Banana, Blueberry and Strawberry

## Melon Refresher

Melon, Strawberry and Mango

## Pash 'n' Shoot

Passion Fruit, Pineapple and Mango

## Big 5

Pineapple, Mango, Kiwi and Strawberry

## Berry - go - Round

Strawberry, Raspberry and Blackberry

## Strawberry Split

Strawberry and Banana



# Hot Drinks

<b>Tea (Decaffeinated available)</b>	£1.50
<b>Earl Grey Tea - Selection of Herbal and Fruit Teas</b>	£1.70
<b>Instant Coffee (Decaffeinated available)</b>	£1.50
<b>Fresh Ground Lavazza Coffees</b>	<b>Black Americano / Espresso</b> £1.70 <b>White</b> £1.90
<b>Syrups and extra shot add 40p</b>	<b>Latte / Cappuccino / Flat white</b> £2.30 <b>Latte Macchiato / Mocha</b> £2.30
<b>Decaffeinated fresh coffees as well as Soya milk pots avail</b>	As above
<b>Hot Chocolate or White Hot Chocolate</b>	£2.10
<b>Hot Chocolate or White Hot Chocolate Special</b> With spray cream and marshmallows	£3.00

# Cakes

<b>A slice of Chocolate OR Coffee and Walnut OR Carrot cake</b>	£2.70
<b>Toasted Teacake</b>	£1.50
<b>Cupcakes</b>	£1.80
<b>Fruit Scones</b>	£1.80
A homemade fruit scone served warm with butter.	
<b>Cream Tea</b>	£4.50
A homemade fruit scone served warm with butter, local Tiptree strawberry jam and clotted cream and including a tea or regular fresh ground coffee.	
<b>Bakewell Tart</b>	£2.70
A traditional almond flavour with crisp pastry and layered jam.	
<b>Millionaires Shortbread</b>	£2.50
A shortbread biscuit base drizzled with caramel and topped with chocolate.	
<b>Apple Pie</b>	£3.70
A slice of apple pie served with a choice of custard or vanilla ice cream.	



## Ice-Cream Selection

Choose one or more flavours of ice-cream



Vanilla,  
Strawberry or  
Chocolate

Includes a wafer and a choice of  
chocolate, strawberry or toffee sauce.

**£1.50 per scoop**

Choose one or more  
Toppings

**50p per topping:**

Mini Marshmallows, Cadburys Flake,  
Chocolate Buttons, Smarties, Cream.

## Mersea Moo-shakes

Homemade shakes made with milk, vanilla ice - cream and your  
choice of one of the following chocolate bars or sweets!

**Mars bar, Yorkie, Snickers, Smarties,  
Crunchie, Mint Aero, Flake, Crème  
Egg (seasonal availability), Skittles**  
**- for a fruity shake!**

Traditional Shakes

Milk and Ice cream blended with a  
flavoured syrup - choice of Vanilla,  
Chocolate, Banana or Strawberry.



**£3.00 each**

**Add cream for 50p!**



## Menu

**Drinks - Cakes -Ice Cream**  
**(see separate food menu)**

Welcome to Seaview Café, situated on  
the Blackwater Estuary, where our aim  
is to provide good quality food, freshly  
cooked to order. Our breakfast meat,  
and Burgers are supplied by the local  
Mersea Island Cocks Butcher.

**Please place your order  
and pay at the counter  
along with your table  
number.**

**Allergy information can be  
obtained by consulting a  
member of staff.**